



# Miffy's<sup>®</sup>

## LEMON GINGER SCONES

2.5oz (75 grams)

### Nutrition Facts

Serving Size	1 scone
Amount Per Serving	
<b>Calories</b>	<b>255</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 13g	20%
Saturated Fat 8g	38%
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 31mg	10%
<b>Sodium</b> 400mg	17%
<b>Total Carbohydrate</b> 31g	10%
Dietary Fiber 2.5g	10%
Total Sugars 8g	
Includes 8g Added Sugars	13%
<b>Protein</b> 4g	
Vitamin D <1mcg	2%
Calcium 36mg	4%
Iron <1 mg	7%
Potassium 116mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Stone Ground Whole Wheat Pastry Flour, Unbleached Pastry Flour, Lowfat Buttermilk, Butter, Crystalized Ginger, Lemon Curd (Sugar, Butter, Lemon Juice, Lemon Zest, Egg), Cream of Tartar, Baking Soda, Sugar; Salt.

ALLERGENS: Wheat, Milk, Egg (in Lemon Curd).