



Miffy's[®]

JALAPEÑO CHEDDAR SCONES

2.5oz (75 grams)

Nutrition Facts

Serving Size 1 scone

Amount Per Serving

Calories 235

% Daily Value*

Total Fat 14g 21%

Saturated Fat 7g 35%

Trans Fat 0g

Cholesterol 38mg 13%

Sodium 408mg 17%*

Total Carbohydrate 23g 8%

Dietary Fiber 2.4g 10%

Total Sugars 2g

Includes 2g Added Sugars 3%

Protein 6g

Vitamin D <1mcg 2%

Calcium 101mg 10%

Iron 1mg 7%

Potassium 126mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Stone Ground Whole Wheat Pastry Flour, Unbleached Pastry Flour, Lowfat Buttermilk, Butter, Cheddar Cheese, Fresh Jalapeno, Cream of Tartar, Baking Soda, Sugar; Salt.

ALLERGENS: Wheat, Milk.